**VOCAL POWERHOUSE TEDDY SWIMS RELEASES SOULFUL NEW SINGLE “LOSE CONTROL”**

**LISTEN** [**HERE**](https://teddyswims.lnk.to/LoseControl) **| WATCH** [**HERE**](https://teddyswims.lnk.to/LoseControlVideo)

**HIGHLY ANTICIPATED DEBUT ALBUM *I'VE TRIED EVERYTHING BUT THERAPY (PART 1)* OUT SEPTEMBER 15**

**NORTH AMERICAN HEADLINE TOUR KICKS OFF SEPTEMBER 22**

A person sitting in a chair

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Download Hi-Res artwork [HERE](https://drive.google.com/file/d/1tWUxtszJPFfPEPdEdAQJhjQjCrOrW4S9/view?usp=sharing)

**June 23, 2023 (Los Angeles, CA)**– Today, genre-blurring artist **Teddy Swims** returns with the soulful new single **“Lose Control.”** Listen [HERE](https://teddyswims.lnk.to/LoseControl) via **Warner Records** and watch the video [HERE](https://teddyswims.lnk.to/LoseControlVideo). Boasting a soaring chorus that showcases the Atlanta, GA singer-songwriter’s extraordinary range, the emotional anthem is the latest taste of **Swims'** highly anticipated debut album ***I've Tried Everything But Therapy (Part 1)*** due **September 15**. Pre-order [HERE](https://teddyswims.lnk.to/ITEBTpt1).

“Being in love can be like an addiction sometimes — always chasing the highs from the lows," **Swims** says of the track. "It’s about losing yourself and losing control when it all starts to cave in and thinking that the only way out is through being with that person, chasing that feeling over and over again."

**"Lose Control"** arrives on the heels of **“**[**What More Can I Say**](https://www.youtube.com/watch?v=Ibcga7KEWek)**”** and **"**[**FACE MYSELF**](https://www.youtube.com/watch?v=E8BV0oBX31U)**"** featuring **Elley Duhé**. Prior to that, **Swims** dropped the ***Sleep is Exhausting*** EP in late 2022, which capped a busy year that included a viral cover of **Journey’s** classic **“Don’t Stop Believin’”**thatwas reposted by celebrities like **Jennifer Garner** and **Timbaland**. He also[performed](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3D_seb36DT7Tk&data=05%7C01%7CJoshua.McDonald%40warnerrecords.com%7C896c13b0748a48ae669008dabd16b100%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C638030202406785313%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=tgPR4iuiyr5dBburtQ0KerudReWQxO94wU7KDuSTA0M%3D&reserved=0) the song on *America’s Got Talent*with season 14 winner **Kodi Lee** and Journey founder and guitarist **Neal Schon**.

Other highlights from last year include playing sold-out shows around the globe and lending his powerful pipes to **ILLENIUM’s** [**“All That Really Matters**,**”**](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3D3gxxW5NqICc&data=05%7C01%7CJoshua.McDonald%40warnerrecords.com%7C896c13b0748a48ae669008dabd16b100%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C638030202406785313%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=AUZteOKfDOi91ewe6s0kzuwd7cVDx1%2BNVIGDOIheJms%3D&reserved=0)**Meghan Trainor’s** [**“Bad For Me**,**”**](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3DSDZ3r8pG9QM&data=05%7C01%7CJoshua.McDonald%40warnerrecords.com%7C896c13b0748a48ae669008dabd16b100%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C638030202406941550%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=42IfEGNHvOv71kzIU3KBMTjWPeWGe5x9E9ExU2lR9kA%3D&reserved=0) and **MK**& **Burns’** [**“Better**.**”**](https://nam04.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.youtube.com%2Fwatch%3Fv%3DZiadEoQZzxA&data=05%7C01%7CJoshua.McDonald%40warnerrecords.com%7C896c13b0748a48ae669008dabd16b100%7C8367939002ec4ba1ad3d69da3fdd637e%7C0%7C0%7C638030202406941550%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=PSA%2F20NamBDjbJnV%2BxFUDUkGAx5DrqMF%2BtJvHWHCVN0%3D&reserved=0)Given his prolific output, **Swims** is sure to have a stellar setlist for his upcoming ***I've Tried Everything But Therapy Tour*** of North America, which kicks off on September 22 in Minneapolis, MN. See all the dates below and get tickets [HERE](https://www.teddyswims.com/).

**Teddy Swims 2023 Tour Dates:**

Sep 22         Minneapolis, MN    First Avenue

Sep 24         Chicago, IL               Riviera Theatre

Sep 26         Richmond, VA         The National

Sep 27         Norfolk, VA             The NorVa

Sep 29         Raleigh, NC             The Ritz

Sep 30         Greenville, SC         Voyage Music Festival

Oct 1           Charlotte, NC          The Fillmore Charlotte

Oct 3           Fort Lauderdale, FL Revolution Live

Oct 4           St. Petersburg, FL   Jannus Live

Oct 5           Orlando, FL             House of Blues Orlando

Oct 7           New Orleans, LA     The Fillmore New Orleans

Oct 8           Houston, TX             House of Blues Houston

Oct 10         Dallas, TX                The Factory in Deep Ellum

Oct 11         San Antonio, TX      Aztec Theatre

Oct 13         Wichita, KS             TempleLive

Oct 14         Tulsa, OK                 Cain’s Ballroom

Oct 15         Oklahoma City, OK  The Criterion

Oct 17         Phoenix, AZ             The Van Buren

Oct 18         San Diego, CA         SOMA – Mainstage

Oct 20         Los Angeles, CA      The Wiltern

Oct 21         Las Vegas, NV         Freemont Street Experience

Oct 22         Oakland, CA            Fox Theater

Oct 24         Portland, OR           Roseland Theater

Oct 25         Vancouver, BC         Orpheum Theatre

Oct 26         Seattle, WA            Showbox SoDo

Oct 28         Salt Lake City, UT    Rockwell @ The Complex

Oct 29         Denver, CO              Mission Ballroom

Oct 31         Omaha, NE             The Admiral Theater

Nov 1           Kansas City, MO      The Midland Theatre

Nov 3           Indianapolis, IN       Egyptian Room at Old National Centre

Nov 4           Cincinnati, OH         Bogart’s

Nov 5           Cleveland, OH         Agora Theatre

Nov 7           Pittsburgh, PA         Stage AE

Nov 8           Detroit, MI              The Fillmore Detroit

Nov 10         Toronto, ON            HISTORY

Nov 11         Montreal, QC          Beanfield Theatre

Nov 12         Boston, MA             Roadrunner

Nov 14         New York, NY          Terminal 5

Nov 15         Philadelphia, PA      The Fillmore Philadelphia

Nov 16         Washington, DC      The Anthem

Nov 18         Nashville, TN          Ryman Auditorium

Nov 21         Atlanta, GA             Tabernacle

A person with tattoos on his hands

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Photo credit: Joseph Cultice

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